In this time of unprecedented National crisis, organizational leaders play a critical role in the support and reintegration of employees. Our teams face unique challenges every day as this pandemic unfolds, and they have met these challenges with skill, compassion, and dedication. As leaders, our goal is to support them in the successful execution of their assigned tasks while helping them maintain emotional well-being during this highly unusual and stressful situation – no small task. This interactive Resilience Coaching session will:

- Describe the wide range of common human reactions under stress
- Explore the variable that can influence recovery and resilience
- Present practical take-and-use coping strategies to promote reintegration

**Date:** Tuesday, May 5, 2020

**Time:** 12:00pm – 1:00pm E.T.

**Click to Register:** [https://carebridge.zoom.us/webinar/register/YN__wIacHo6T22tR1RhgCitCA](https://carebridge.zoom.us/webinar/register/YN__wIacHo6T22tR1RhgCitCA)

**System Compatibility Check:** [https://www.zoom.us/test](https://www.zoom.us/test)

**Presenter:** Jeff Gorter, MSW, LCSW, is VP of Crisis Response Services at R3 Continuum. Mr. Gorter brings over 30 years of clinical experience including consultation and extensive on-site critical incident response to businesses and communities. He has responded directly to the Sept. 11 terrorist attacks, Hurricane Katrina, the Virginia Tech shootings, the Deepwater Horizon Oil spill, the earthquake/tsunami in Japan, the Newtown Tragedy, the Orlando Pulse Nightclub Shooting and the Las Vegas Shooting. He has conducted trainings and presented at the American Psychological Association Annual Conference, the World Conference on Disaster Management, the International Society for Traumatic Stress Studies Annual Meeting, Employee Assistance Professionals Association (EAPA) Annual World Conference and at other state, national and international venues on a variety of topics.

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